MARY ALICE WARREN COMMUNITY CENTER UPCOMING PROGRAMS

JANUARY 25, FEBRUARY 1, 8, 15, 22, & 29, 2:00PM-4:00PM

PREPARE A POEM, MONOLOGUE, OR SPEÉCH FROM A FÁVÓRITE MOVIE ÓR PLAY TO READ. WE WOULD WORK TO HELP AND ENTERTAIN ONE ANOTHER IN MAKING DRAMATIC PRESENTATIONS. GROUP SIZE IS LIMITED. REGISTER NOW BY SENDING YOUR CONTACT INFORMATION TO ME IN A MESSAGE TO 40PLUSSTAGECOMPANY@GMAIL.COM.

AMERICAN MAHJONG

ACTING CLASS

FOR SENIORS

EVERY MONDAY, 1:00PM-5:00PM (NO CLASS FEBRUARY 19TH)

FEBRUARY 14, 1:00PM-5:00PM

TO SIGN UP TO GIVE BLOOD CLICK HERE AND SEARCH BY ZIP CODE OR SPONSOR CODE: LEWISVILLE TO

MAKE AN APPOINTMENT. FOR MORE INFORMATION CONTACT THE AMERICAN RED CROSS AT <u>336-289-0325</u>.

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, RYCKMAN6@GMAIL.COM

AMERICAN RED CROSS BLOOD DRIVE

EVERY WEDNESDAY, 1:00PM-4:00PM

CARD GAME CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT BETH AT BETH.DELLER@COMCAST.NET OR 772-321-2866.

COLORED PENCIL CLASSES

CLASS

BEGINNER CLASS - FEBRUARY 8, 15, 22, & 29, 11:30AM-2:00PM TEXTURES IN COLORED PENCIL - FEBRUARY 8, 15, 22, & 29, 2:30PM-5:00PM

COST FOR EACH 4-WEEK CLASS IS \$55 – SUPPLIES NOT INCLUDED.

TO REGISTER, EMAIL INSTRUCTOR SUSAN MORRIS AT <u>SHMORRISART@GMAIL.COM</u>.

COLORED PENCIL BOOT CAMP FOR BEGINNERS - FEBRUARY 23, 6:00PM-8:30PM & FEBRUARY 24, 10:00AM-4:00PM

THIS FAST-PACED AND IMMERSIVE CLASS WILL COVER THE BASICS IN 24 HOURS TO JUMPSTART YOUR COLORED PENCIL ADVENTURES.COST \$50- SUPPLIES NOT INCLUDED

TO REGISTER, EMAIL INSTRUCTOR SUSAN MORRIS AT SHMORRISART@GMAIL.COM.

COLORED PENCIL OPEN DRAW

FEBRUARY 5, 12, 19, & 26, 1:30PM-3:30PM

COME JOIN SUSAN MORRIS FOR AN OPEN DRAW SESSION. CLASS IS FREE! TO REGISTER, EMAIL INSTRUCTOR SUSAN MORRIS AT SHMORRISART@GMAIL.COM.

FEBRUARY 10, 1:30PM-3:30PM

COLORED PENCIL DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO **EXPLORERS** SHMORRISART@GMAIL.COM.

LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM \$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT 727-776-1555 OR JPWOMAN@MSN.COM

MEDITATIVE MOVEMENT

EVERY WEDNESDAY, 10:30AM-12:00PM

CLASS IS FREE! CONTACT BETH BEAN TO REGISTER AT ELBEDAL99@GMAIL.COM OR 336-408-9899

MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

MOMMY & ME CLASSES

MUSIC TO MY EARS - TUESDAY'S & THURSDAY'S, 10:00AM-11:00AM STORY TIME ART - TUESDAY'S, 11:15AM-12:00PM

YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS OR CREATE ART BASED ON BOOKS. \$43 PER MONTH OF CLASSES. TO REGISTER CLICK HERE.

REYNOLDA HOUSE DISCOVERY LESSON

FEBRUARY 24, 10:00AM-11:30AM

REYNOLDA DISCOVERY LESSONS PROMOTE READING READINESS AND VISUAL LITERACY FOR PRESCHOOLERS THROUGH DRAMATIC PLAY, MUSIC, MOVEMENT, AND ARTMAKING, USING A WORK OF ART OR ITEM FROM REYNOLDA'S COLLECTION AS A STARTING POINT. TO REGISTER CLICK HERE.

STRENGTHEN YOUR **IMMUNE SYSTEM** WORKSHOP

FEBRUARY 16, 10:00AM-12:30PM

2.5 HOUR WORKSHOP TEACHING A SPECIFIC IMMUNE STRENGTHENING MOVEMENT SEQUENCE THAT HELPS PROTECT AGAINST THE FLU AND OTHER RESPIRATORY ILLNESSES. INCLUDES DETAILED HANDOUT FOR CONTINUED PRACTICE AT HOME. COST IS \$15 PER PERSON. TO REGISTER CLICK HERE. PLEASE CONTACT BETH IF YOU HAVE ANY QUESTIONS, ELBEDAL99@GMAIL.COM OR 336-408-9899

WINSTON-SALEM SYMPHONY CONCERT

FEBRUARY 4, 3:00PM-5:00PM

JOIN THE WINSTON-SALEM SYMPHONY'S PERCUSSION TRIO FOR A FUN AFTERNOON OF DRUMS, MALLETS, CHIMES AND MORE! AFTER SEEING THE TRIO PLAY TOGETHER, ATTENDEES CAN TRY THEIR HANDS ON VARIOUS PERCUSSION INSTRUMENTS AT THE INSTRUMENT PETTING ZOO. RESERVE YOUR FREE TICKET BY CLICKING HERE. FOR QUESTIONS OR MORE INFORMATION PLEASE CONTACT TIM STORHOFF AT TSTORHOFF@WSSYMPHONY.ORG.

FEBRUARY 5 & 19, 10:00AM-11:30AM

WRITE PLACE, NEED A TIME OR PLACE TO WRITE? HAVE ANY QUESTIONS ABOUT WRITING OR PUBLISHING? YOU'VE FOUND THE RIGHT PLACE. JOIN US TO PRACTICE WRITING, TALK ABOUT WRITING, AND LEARN ABOUT WRITING. EVERY MEETING WILL HAVE A WRITE TIME WRITING ACTIVITY THAT WILL INSPIRE CREATIVITY AND ENCOURAGE WRITING HABITS. CLASS IS FREE! MUST BE REGISTERED TO ATTEND. CALL THE SHEPHERD'S CENTER AT <u>336-748-0217</u> TO REGISTER.

ZUMBA CLASS

EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. TO REGISTER PLEASE CONTACT TAYLOR AT TAYLORLAZEAU@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE CLICK HERE

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY CLICKING HERE

(336)-866-0525

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